



APPROVED ITEM LIST :

NOTE JUST IN FROM THE ARMY AND NAVY SOME PROTEIN BARS CONTAIN HEMP, HEMP SEEDS AND/OR HEMP OIL. Don't

send they won't be distributed to the troops, they will be destroyed. Two brands are "Kind" and "Kashi" please check all other "protein bars" or just don't accept them.

Also check all items especially food items expiration dates.

Beef Jerky	Pens/note paper (no pencils)
Camper style food	Powdered Drink Mixes
Candy* (nothing twist tied)	Eye Drops
Or small cardboard boxes)	Razors
Oatmeal	Sardines
Chapstick	Snacks (cookies, chips)
Crackers (cheese PBJ, etc)	Tea Bags/Coffee Packets ***
Facial Tissues, travel size	Toothpaste travel size
Fast Food Condiments**	Toothbrushes
Decks of cards/dice	Trail Mix
Foot Powder	Travel Games
Gum	Tuna (small cans or pouches)
Hot hands (warmers)	Mouthwash (no alcohol only)
Helmet liners	Quart Size Baggies
Hand Lotion	Slim Jims/Jerky
Moist Wipes	Ramen Noodles
Nerf Toys (very small)	Hot Chocolate mixes
Nuts/Seeds	Frisbees
Small local newspapers	

****All nonfood items must be put into a snack bag before placing in the quart bag. If it is too strong smelling to put in with other items it is too strong to send to our military. Commanders say The enemy doesn't bathe if we smell good they can smell us

All items must be factory sealed. * NO twist tied candy or in cardboard boxes, they can be tampered with too easy and unnoticed. ** condiments must be put into snack bags as they may leak and ruin everything else in the quart bag. **Tea and Coffee packets must be in foil, no paper wrappers they are too easy to tamper with. NO aerosol cans of any kind including shave cream. No alcohol or tobacco or any kind. NO books, movies or CD's approved reading material only (see restricted list)